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| **CUTHBERTSON** | TO: Marching Band students**School Year 2018-2019** FROM: Todd Ebert, Katie Ebert, Dylan SimsDATE: August 1st, 2018RE: Marching Band Summer Information |
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| **BAND** |

Greetings Mighty Marching Cavalier Band Members and Parents; welcome to the 2018 CHS Marching season! This is the 10th year anniversary of the Cuthbertson Schools and we have an exciting season planned! Getting a head start during the weeks before camp is a great way to ensure maximum success and will help avoid playing catch up when camp begins.

**Summer Schedule**

**Percussion and Guard Camp**

August 6-10 All Guard, Battery and Front Ensemble 8:00am-5:00pm

**Kick off Party! -** August 12 **4:00-7:00 @ CHS.** Bring forms and last minute payments and catch up with friends (drop by anytime between 4pm-7pm). There will be hot dogs, chips and drinks, spirit wear will be passed out, and we will show videos!  We will also be collecting any paperwork, fees, and setting up Charms information. We will need supplies and some parent helpers for this day.

**Band Camp**

August 13-16 M-Th **All Students** 7:00am-11:00am and 4:00pm-8:00pm

August 17th F **All Students** 7:00am-1:00pm, GAME - HOME Porter Ridge 5:30pm

**Week #1**

8/20 Practice – ALL STUDENTS 3:30-8:30

8/21 Practice – ALL STUDENTS 3:30-8:30

8/22 Practice – ALL STUDENTS 3:30-8:30

8/23 Practice – ALL STUDENTS 3:30-8:30

8/24 GAME - HOME JM Robinson 6:00pm

**Band Camp!**

* Eat a large, good breakfast!! (no milk)
* Wear comfortable rehearsal clothes, weather appropriate.
* Shoes – We prefer veterans to wear their black marching shoes. New marchers should wear tennis shoes with a flexible bottom. Absolutely NO sandals, flip flops, or high tops for marching.
* Bring (and wear) sunscreen, **a water bottle** with LOTS of water, healthy snacks, instrument, music, lyre, flip folder, and a positive attitude.
* You will get to go home for lunch (and a shower/nap) daily!

**Definitely start spending some time outdoors to get acclimated to outside weather! You need to be outside at least an hour a day the week before band camp.** Any student who still has not picked up their marching instrument needs to contact Mr. Ebert ASAP at todd.ebert@ucps.k12.nc.us to arrange a pickup time.

**To-Dos**

1. Visit the Marching Band page on the band website. Review the Marching Band Handbook and the Tentative Marching Band Fall schedule.
2. Print and fill out the Marching Band Handbook Acknowledgement form. Bring this with you on your first day at camp.
3. Play your instrument!
	1. Make sure it works! ☺ Oil and grease slides, break in some new reeds.
	2. Start with breathing and long tones. Play through some scales.
	3. Work on the show music, working to make your part as awesome as possible. Don’t worry about the memorization. If you can – that’s great! If not, we will play it SO much that you will have it by memory in no time.
4. Begin training on August 1st to maximize your awesomeness this season!
5. **Officer Candidates** – make sure and stay in contact with your sections via phone or electronics. Make sure that you have spoken to everyone in your section and that they have their music and are pumped up for the season! Also, if you are free during Guard and Percussion camp week, we will hold some leadership training sessions, more toward the end of the week.

**Training- begin this August 1st**

1. On your instrument– work breathing, fundamental sound, marching volume (loud!) and begin perfecting the show music ☺. Show up to camp with your instrument oiled and greased.
2. Percussion – make sure and practice your fundamentals and sticking. Let Mr. Ebert know if you do not have access to the music.
3. Let’s get in awesome shape for an awesome season. Do 20 push-ups daily and if you have a big instrument, hold it in playing position at attention for 15 minutes at a time. Add 30 uppies per day and work daily on a 3 minute plank.
4. Also, refresh your marching fundamentals. Goal – marching and playing!! Practice position of attention (pulled up from waist and shoulders down and back), forward march (upper body high), backwards march (straight leg), and mark time (heel only comes off the ground a little). Do this for 15 minutes a session. Stretch your slide muscles with the slow twist then do slides– make sure your shoulders are at 90 degrees (use a mirror to check).

**Parents**

1. Parents if you haven't already setup your Student's Charms Account please contact Jason Stewart at
[cuthband.treasurer1@gmail.com](https://webmail.ucps.k12.nc.us/owa/UrlBlockedError.aspx)
2. Parent Volunteers needed for Band Camp, if interested sign up in Charms. We need helpers for all days. ­­­­
3. Pit Crew work sessions will start up soon and we would love to have your help!

Our season officially begins with our first home football game on Friday August 17th. This is a competitive year for the Mighty Marching Cavaliers and we need 100% attendance at rehearsals and performances. Please, please, **PLEASE** do not schedule doctor appointments, family vacations, or other conflicts during scheduled times.

To our parents, I want to thank you specifically for supporting this wonderful activity for your child. I know that it takes extra time to bring your children to rehearsals, make sure they transport their instrument back and forth and to be a cheerleader at home Thank you so much for all of the extra things you do to help your child and our school. If you have any questions or concerns, please don't hesitate to contact us; the quickest way being through email. Also, please be sure to follow us on Twitter and visit our website at www.cuthbertsonband.org to receive updates of important information.

Students, as with all things in life, you will only get out of band what you put into band. Band is not a spectator sport, so put forth every effort, every day, and see how proud you will be of yourself and your band. Let’s make this year truly superior!

Musically yours,

 Todd Ebert, Director of Bands Todd.ebert@ucps.k12.nc.us

Katie Ebert, Assistant Director of Bands Katie.ebert@ucps.k12.nc.us

Dylan Sims, Associate Director of Bands (email address TBA)